

YOUTH SPORTS

Preschool Sports Clinics

These clinics are indoors and/or outdoors and focus on the basics of the game. Come prepared for the weather (sunscreen). Goal Sports include soccer, lacrosse and scooter hockey. Please have your child wear tennis shoes.



3-5 yrs:	10:30-11:15am	"Sports"
Basketball	Tuesday, Aug 6-27	312116.T
	Tuesday, Oct 29-Nov 19	412116.T
	Wednesday, Oct 2-23	412116.W
	Thursday, Aug 8-29	312116.R
	Thursday, Oct 31-Nov 21	412116.R2
T-ball	Tuesday, Sept 3-24	412120.T
	Wednesday, Aug 7-28	312120.W
	Thursday, Sept 5-26	412120.R
Soccer	Tuesday, Oct 1-22	412126.T
	Wednesday, Sept 5-25	412126.W
	Wednesday, Oct 30-Nov 20	412126.W2
	Thursday, Oct 3-24	412126.R

Location: Longmont Recreation Center, 310 Quail Rd
Fee: \$38 resident/\$47.50 non-resident

Girls Fastpitch Softball League

Play ball! Girls 6-14 years old can play fast-pitch softball in affiliation with the IPGSA league. Teams meet 2-3 times per week for games/practices. Games played on Saturdays, Sept 7-Oct 12 along the Front Range. Register according to age as of Jan 1, 2024. Registration deadline is Aug 12. Practice begins the week of Aug 19. This program is dependent upon volunteer coaches: please call 303-651-8398 to volunteer.



Dates:	Aug 19-Oct 12	"Softball"
8 & Under	\$94.50 res/\$118 non-res	412210
10 & Under	\$105 res/\$131.25 non-res	412211
12 & Under	\$105 res/\$131.25 non-res	412212
14 & Under	\$115.50 res/\$144.50 non-res	412214

DID YOU KNOW THAT RECREATION HIRES FOR A WIDE RANGE OF SEASONAL AND YEAR-ROUND POSITIONS?

Adult and Youth sports officials,
Middle School Soccer Coaches, and more.
See [LongmontColorado.gov/jobs](https://www.longmontcolorado.gov/jobs)
for a full listing of current openings.



VOLLEYBALL

Volleyball Tune-up Clinic

A clinic packed with dynamic skills and drills designed to teach and enhance volleyball fundamentals and increase game knowledge and player confidence. All abilities welcome. A great warm-up for fall volleyball league.



Grades 5 & 6	Sept 28, Sat, 9-10:30am	412298
Grades 7 & 8	Sept 28, Sat, 10:30-12pm	412298
Instructor:	Nicholle Chambers, Legends Sports, LLC	
Location:	Longmont Recreation Center, 310 Quail	
Fee:	\$55 resident/\$68.75 non-resident	

Fall Youth Volleyball League

A coed organized team participation program with an emphasis on teamwork, sportsmanship, skill development, fun and participation. All teams play a six game schedule with two hours of practice a week. Registration Deadline is Sept 8. Games begin Oct 5.

Sept 23-Nov 9	Grades 3 & 4	412423
	Grades 5&6	412425
	Grades 7&8	412427
Fee:	\$78.75 resident/\$98.50 non-resident	

CARA High School Volleyball League

For girls in high school not playing on a high school or club volleyball team. Times, dates and location of practices depend on coach's availability. Teams travel to Denver Metro locations to play games on Saturdays, Sept 14-Oct 19. Registration deadline is Aug 11.

Grades 10-12	Aug 26- Oct 19	412429
Fee:	\$105 resident/\$131.25 non-resident	

Middle School Soccer League

Register early August. For boys and girls who attend participating schools. Practices are after school 2-3 times per week, 1-2 hours each day. Teams play one game per week, Mon-Fri at 4pm or 5pm beginning the week of Sept 9. This program is dependent upon coaches, please call 303-651-8398 if you are able to coach. Pay starts at \$16.43/hour. **“Soccer”**

Grades 6-8: Aug 26–Mid Oct 412225
Fee: \$60

CARA Cross Country

Run long distance in a recreational atmosphere and compete in a meet appropriate to age and skill level. Practices are coed. Optional meets are on Saturdays and/or Sundays. A copy of a birth certificate at time of registration/first practice is required.

9-14 yrs: Aug 20-Oct 5, Tu/Th, 5:30- 6:30pm 412262.MW
Fee: \$63 resident/\$78.75 non-resident

Optional extra Friday practice for runners to work **“CARA”**
toward end-of-season 5K race. **Fri, 5-6pm** 412262.F

Fee: \$31.50 resident/\$39.50 non-resident

Location: Sandstone Ranch Fields,
3001 E Hwy 119



Fencing Lessons

Learn to Fence! A lively class with simple instruction introduces you to footwork and blade work, as well as the history and terminology used in this exciting sport. Each class builds on the skills learned in the previous class. The progressive class is for those who have taken the beginner class. All fencing equipment is provided. **No class Nov 27.* **“Fencing”**

7-16 yrs: Wednesdays 412252

Beginner: Sept 18-Oct 23, Wed, 5-6pm
Oct 30-Dec 11*, Wed, 5-6pm

Progressive: Sept 18-Oct 23, Wed, 6-7pm
Oct 30-Dec 11*, Wed, 6-7pm

Location: Longmont Recreation Center, 310 Quail Rd

Fee: \$157.50 resident/\$197 non-resident

Youth/Teen Pickleball Lessons

A combination of badminton, ping pong and tennis played with a whiffle ball on a short tennis court. It's fun, social and easy. Learn the basics of the sport while meeting new friends. Equipment provided. **“Pickleball”**

9-11 yrs: Tuesday, 5:15-6:15pm 412222

12-15 yrs: Tuesday, 6:30-7:30pm 412222

Sessions: Aug 6-27, Sept 3-24, Oct 1-22 412222

Location: Hover Pickleball Courts, 1361 Charles Dr

Fee: \$47.50 resident/\$55.50 non-resident

9-15 yrs: Mon, 4:15-5:15pm 412222

Session: Oct 28-Nov 18

Location: Longmont Recreation Center, 310 Quail Rd

Fee: \$47.50 resident/\$55.50 non-resident

Youth Badminton Lessons

Badminton is a racquet sport played using racquets to hit a shuttlecock across a net. Learn rules, strokes, footwork and strategy with an emphasis on doubles play (two players per side). There will be an informal tournament to conclude each month's study. **“Badminton”**

Grades 6-12: Sunday, 5:30-6:30pm 412221

Sessions: Sept 8-29; Oct 6-27; Nov 3-24

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

Fee: \$31.50 resident/\$39.50 non-resident



TENNIS LESSONS

Gonzo Tennis was founded in 2004 by Gonzalo Garcia with the idea of bringing quality tennis programs to the Boulder Community. Since then, the tennis program has seen substantial positive growth in the area. Gonzo tennis is devoted to fostering the development of players from 5 years of age and up and giving them the opportunity to discover even more about this truly international and life-long sport. It's all about Tennis! For inclement weather and cancellation information visit www.gonzotennis.com.



Location: Quail Tennis Courts, 310 Quail Rd

Youth Tennis Lessons – Ages 5-10

The goal of Gonzo Tennis is to not only teach our youth the wonderful game of tennis but also to build character and self-confidence in a friendly, safe and healthy environment.

Fall Session:	Aug 26-Oct 16	<i>“Tennis”</i>
MINI Gonzos:	Mon or Wed	
5-6 yrs:	3:45-4:30pm	412600
Fee:	\$110 resident/\$137.50 non-resident	
TINY Gonzos:	Mon or Wed	
7-8 yrs:	4:30-5:15pm	412601
Fee:	\$110 resident/\$137.50 non-resident	
MIGHTY Gonzos:	Mon or Wed	
9-10 yrs:	5:16-6:15pm	
Fee:	\$145 resident/\$181.25 non-resident	

Junior Tennis – Ages 11-16

These game-based programs use specific exercises and fun games to help students understand aspects of tennis. Must get approval from coaches to register for intermediate courses.

Fall Session:	Aug 27-Oct 15	<i>“Tennis”</i>
Beginner:	Tue, 4-5pm	412603
Intermediate:	Tue, 5-6pm	412613
Fee:	\$145 resident/\$181.25 non-resident	

Adult Tennis - Ages 16 & up

All Gonzo Tennis classes use a game-based, solution-focused style of development that keeps participants engaged in fun-filled activities while learning the sport of a lifetime.

Session 1:	Aug 26-Sept 20	
Session 2:	Sept 30-Oct 25	
Beginner:	Fri 9-10:30am	
	or Wed 6-7:30pm	412605
Intermediate:	Fri 10:30am-12pm	
	or Mon 6-7:30pm	412615
Fee:	\$130 resident/ \$162.50 non-resident	

» <https://rec.ci.longmont.co.us>
Click on Activities then

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Keyword here



BASKETBALL

Youth Basketball: Grades K-2

Longmont's coed youth basketball program emphasizes teamwork, sportsmanship, skill development, participation and FUN. Each K-2 participant receives a t-shirt and a basketball. *No class Nov 25-29.



Kindergarten:	Instructional, no games	"Basketball"
	Oct 25-Dec 6*, Fri, 4:30-5:15pm	412201.4
Fee:	\$55.75 resident/\$72.25 non-resident	
1st & 2nd Grade:	Games played the last week	
	Oct 21-Dec 4*, Mon/Wed, 4:30-5:15pm	412202.MW
	Oct 22-Dec 5*, Tue/Thurs, 4:30-5:15pm	412202.TR
Fee:	\$69.25 resident/\$86.50 non-resident	
Location:	Longmont Recreation Center, 310 Quail Rd	

Youth Basketball Leagues: Grades 3-12

Practice two hours per week at local schools Monday-Friday evenings. Grades 3-8 play Saturday games in Longmont or surrounding towns. High School league is for players who DO NOT play on a high school or club team. HS games are played Sundays. Includes basketball. Registration deadline is Dec 15. Practice begins the week of Jan 6. Teams are formed by school attended – requests are not guaranteed. This program is dependent upon volunteer coaches, please call 303-651-8398 to volunteer. **"Basketball"**

Dates:	Jan 6-Feb 23, games begin Jan 18/Jan 19		
Boys		Girls	
3rd Grade	112003	3rd Grade	112013
4th Grade	112004	4th Grade	112014
5th Grade	112005	5th Grade	112015
6th Grade	112006	6th Grade	112016
7th Grade	112007	7/8th Grade	112017
8th Grade	112008		
9-12th Grade	112012	9-12th Grade	112011
Fee:	\$100 resident/\$125 non-resident		

Shotokan Karate

Shotokan karate training helps increase physical fitness, confidence, improved motor skills, flexibility, speed, concentration, discipline & personal safety.

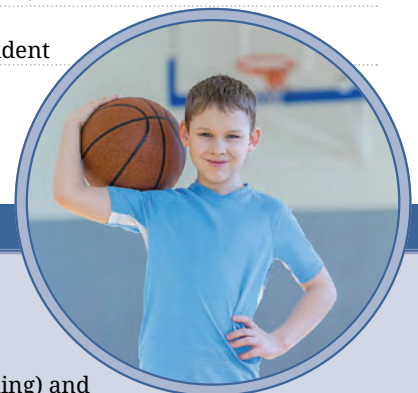
7 & up:	Tue & Thurs, 6:40-7:40pm	"karate"
	On-going monthly sessions	
Instructor:	Sensei Chad Callaghan	
Location:	Memorial Building Bldg, 700 Longs Peak Ave	
Youth Fee:	\$75 resident/ \$93.75 non-resident per month	
Adult Fee:	\$95 resident/ \$118.75 non-resident per month	



Tae Kwon Do

This is a traditional Chung Do Kwan style of Tae Kwon Do. All sparring is no-contact. Classes consist of basic techniques (kicks, punches, and blocks), forms or katas, no-contact sparring, and other self-defense techniques.

	<i>*No class 11/27 & 29, 12/13, & 12/25.</i>	"Tae Kwon Do"
7 & up:	Sept 4-Dec 30*, M/W/F, 5:45-7:15pm	447250
Instructor:	Jim Goldsmith	
Location:	Memorial Building Bldg, 700 Longs Peak Ave	
Session Fee:	\$130 resident/ \$162.50 non-resident	



WINTER BREAK CAMPS

Volleyball Camp

Join us for a power packed camp designed to be fun while teaching the fundamentals of the sport – serving, setting, hitting and defense. For beginners and intermediate players. No experience is necessary. All equipment provided. **"Volleyball"**

Grades 7 & 8:	Jan 2 & 3, Thurs & Fri, 9-11am	112296
High School:	Jan 2 & 3, Thurs & Fri, 11am-1pm	112296
Instructor:	Nicholle Snyder, Legends Sports, LLC	
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$95 resident/\$118.75 non-resident	

Basketball Winter Break Camp

Teaching ball handling (dribbling) and shooting fundamentals, this camp is a great way to build confidence and ability. Camp includes 3V3 fun games and drills. All levels of play welcome. **"Basketball"**

8-12 yrs:	Jan 2 & 3, Thurs & Fri, 9am-11pm	112291
Instructor:	Jorsua Chambers, Legends Sports, LLC	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$95 resident/\$118.75 non-resident	

ADULT SPORTS

Adult Pickleball Lessons

This combination of badminton, ping-pong and tennis is played with a whiffle ball on a short tennis court. It's fun, social and easy to learn making it one of the nation's fastest growing sports. Learn rules, techniques and basic strategies. Designed for beginner and advanced beginning players. Equipment provided.

16 & up:	Wed 5:30-6:30pm; Thurs 4:30-5:30pm; or Thurs 5:30-6:30pm Sept 4-26; Oct 2-24	412322
Location:	Hover Pickleball Courts, 1361 Charles St	
16 & up:	Wed 9-10am; Fri 9-10am; or Sun 1-2pm Oct 30-Nov 24	412322
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$47.50 resident/\$55.50 non-resident	

Adult Pickleball Clinics

Monthly clinics focused on a specific element of the game. The first hour dedicated to drills and the second to putting the skills learned into practice. **"Pickleball"**

18 & up:	Mondays, 5:30-7:30pm	312392
Serves:	Aug 5-26	
Drilling:	Sept 9-30	
Location:	Hover Acres Park, 1361 Charles Dr	
Fee:	\$83 resident/\$103.50 non-resident	



ADULT SPORTS LEAGUES

Sign-up as a free agent! Free agents are individuals who don't have a team, but want to play in an adult sports league. Free agents are combined to form a team(s). Registration and rules for all adult sports are available at Longmontcolorado.gov/leagues and at the Longmont Recreation Center, 310 Quail Rd.

**Split payment Option – Pay half the registration fee when you sign up and the rest of the fee half way through the season. Split payment option adds \$15 to league pricing. Early Bird Discount – pay early and get a discount, look for before and after dates listed in the description.*

Fall Softball

Men's, Women's, Open, and Coed leagues are offered for ages 16 to adult. The Open division consists of mixed gender teams without using coed rules. Pricing includes up to 16 players. *Day of play dependent upon league enrolled.*

16 & up:	Garden Acres Ball Fields, 2058 Spencer St	
Fall Dates:	Aug 19-Oct 18, 8 games	
Fall Team Fee*:	\$540 before 7/22; \$570 after 7/21	
Free Agent Fee:	\$51 resident/\$63.75 non-res "agent"	
Registration Deadline:	Aug 5, \$15 late fee applies beginning 8/6	

Adult Fall Basketball

Adult Recreational 5v5 League offered on Thursday nights. See additional league information online.

18 yrs & up:	Longmont Recreation Center, 310 Quail Rd	
Fall Dates:	Sept 12-Nov 21	
Total Team Fee:	\$465 before 8/19; \$495 after 8/18	
Free Agent Fee:	\$58 res/\$72.50 non-res "agent"	
Registration Deadline:	9/3; \$15 late fee applies beginning 9/4	

Fall Coed Kickball

Join the craze! Kickball is wild fun- a sport that athletes of all abilities can play. Coed kickball league is played with 4 men and 4 women on the field. See additional league information online. Pricing includes up to 16 players.

16 & up:	Garden Acres Park, 2058 Spencer St	
Fall Dates:	Tues, Aug 20-Oct 15, 8 games	
Fall Team Fee*:	\$365 before 7/22; \$395 after 7/21	
Free Agent Fee:	\$37 resident/\$46.50 non-res "agent"	
Registration Deadline:	Aug 5, \$15 late fee applies beginning 8/6	